



Cross Roads Child Nutrition Services
School Year 2019-2020
Breakfast Menu
Offer vs. Serve

Breakfast Menu
**indicates menu items for Pre-K students.*
 Pre-K can only be served juice once per day over all meals and snacks. Only unflavored 1% & fat-free milk can be served to Pre-K. Offer vs. Serve is not allowed for Pre-K.
Menus subject to change.
 Check school calendar for scheduled student holidays/early release days.

Cycle Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug. 19-Aug. 23 Sept.30-Oct. 4 Nov. 11-15 Jan.13-17 Feb. 24-28 Apr. 13-17	Breakfast Pizza 100% Fruit Juice or Fresh Fruit Variety of Milk	Chicken-n-Biscuit 100% Fruit Juice or Fresh Fruit Variety of Milk	Biscuit Gravy Scrambled Eggs Bacon 100% Fruit Juice or Fresh Fruit Variety of Milk	Pancake Wrap Yogurt 100% Fruit Juice or Fresh Fruit Variety of Milk	Cinnamon Roll <i>(*Biscuit Pre-K)</i> Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk
Cycle Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug. 26-30 Oct. 7-11 Nov. 18-22 Jan. 20-24 Mar. 2-6 Apr. 20-24	Pancakes Bacon 100% Fruit Juice or Fresh Fruit Variety of Milk	Sunrise Sandwich 100% Fruit Juice or Fresh Fruit Variety of Milk	French Toast Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk	Oatmeal Cinnamon Toast 100% Fruit Juice or Fresh Fruit Variety of Milk	Breakfast Burrito Hash Browns 100% Fruit Juice or Fresh Fruit Variety of Milk
Cycle Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 2-6 Oct. 14-18 Dec.2-6 Jan.27-31 Mar.9-13 Apr. 27- May 1	Sausage Kolache Yogurt 100% Fruit Juice or Fresh Fruit Variety of Milk	Cheese Omelet Toast 100% Fruit Juice or Fresh Fruit Variety of Milk	Waffles Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk	Breakfast Pizza 100% Fruit Juice or Fresh Fruit Variety of Milk	Donut or Donut Holes <i>(*French Toast – Pre-K)</i> Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk
Cycle Week 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 9-13 Oct. 21-25 Dec. 9-13 Feb.3-7 Mar. 23-27 May 4-8	Pancakes Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk	Breakfast Burrito Hash Browns 100% Fruit Juice or Fresh Fruit Variety of Milk	Biscuit Scrambled Eggs Bacon 100% Fruit Juice or Fresh Fruit Variety of Milk	Spice Muffins Yogurt 100% Fruit Juice or Fresh Fruit Variety of Milk	Egg & Cheese Sandwich 100% Fruit Juice or Fresh Fruit Variety of Milk
Cycle Week 5	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 16-20 Oct.28-Nov.1 Dec. 16-20 Feb. 10-14 Mar. 30- Apr. 3 May 11-15	Waffles Bacon 100% Fruit Juice or Fresh Fruit Variety of Milk	Cheesy Toast Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk	Breakfast Pizza 100% Fruit Juice or Fresh Fruit Variety of Milk	Sausage, Egg & Cheese Sandwich 100% Fruit Juice or Fresh Fruit Variety of Milk	Biscuit Gravy Scrambled Eggs 100% Fruit Juice or Fresh Fruit Variety of Milk
Cycle Week 6	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 23-27 Nov. 4-8 Jan.6-10 Feb. 17-21 Apr. 6-10 May 18-22	Sausage Biscuit 100% Fruit Juice or Fresh Fruit Variety of Milk	Breakfast Combo Hash Browns 100% Fruit Juice or Fresh Fruit Variety of Milk	Chicken-n-Waffles 100% Fruit Juice or Fresh Fruit Variety of Milk	Pancakes Sausage 100% Fruit Juice or Fresh Fruit Variety of Milk	French Toast Bacon 100% Fruit Juice or Fresh Fruit Variety of Milk
Only offered to:	KG-12th	KG-12th	KG-12th	KG-12th	KG-12th
Offered Weekly	WGR Cereal Variety Toast	WGR Cereal Variety Toast	WGR Cereal Variety Toast	WGR Cereal Variety Toast	WGR Cereal Variety Toast

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