



Cross Roads Child Nutrition Services
 School Year 2019-2020
 Grades 9-12
 Food Based Menu Planning
 Offer vs. Serve

Offered daily: Salad Entrée Choice, ½ c. Fresh Fruit Bowl.

Second visit, all food items are À la carte price.

Student Lunch: \$2.40

Adult / Visitor Lunch \$3.50

Menus subject to change & ALSO CHEESE SANDWICH IS OFFERED AS ALT. MEAL.

Check school calendar for scheduled student holidays/early release days.

Cycle Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug. 19-Aug. 23 Sept.30-Oct. 4 Nov. 11-15 Jan.13-17 Feb. 24-28 Apr. 13-17	Enchiladas Spanish Rice Charro Beans Seasoned Corn Salsa Sliced Seasonal Fruit Milk Variety	Meatball Sub Sandwich Spinach Cherry Tomato/ Zucchini Mixed Fruit Milk Variety	Chicken Nuggets Mac and Cheese Savory Green Beans Garden Salad Apple Slices Milk Variety	Pizza Choice Fresh Squash Red Pepper Strips or Tiny Tomato cup Fresh Seasonal Fruit Milk Variety	Hamburger/Cheeseburger Hamburger Garnish Cucumber Slices Baby Carrots Cinnamon Applesauce Cookie Milk Variety
Cycle Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug. 26-30 Oct. 7-11 Nov. 18-22 Jan. 20-24 Mar. 2-6 Apr. 20-24	Steak Fingers Gravy Green Beans Carrot Coins Roll Strawberries Milk Variety	Spaghetti Bowl Breadsticks Garden Salad California Blend Veg. Fruit Cup Milk Variety	Mexican Combo Plate Spanish Rice Mexicali Corn Refried Beans Salsa Peaches Milk Variety	Hot Dogs/Chili Celery Sticks Carrot Sticks Orange Smiles Milk Variety	Popcorn Chicken Roll Broccoli Bites Ranch Style Beans Fresh Seasonal Fruit Milk Variety
Cycle Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 2-6 Oct. 14-18 Dec. 2-6 Jan.27-31 Mar.9-13 Apr. 27- May 1	Pizza Choice Carrot Coins Steamed Broccoli Fresh Grapes Milk Variety	Crispitos Cucumbers Charro Beans Salsa Apples Milk Variety	Chicken Nuggets/Gravy Kidney Beans Garden Salad Tuscan Vegetables Roll Pears Milk Variety	Hamburger/Cheeseburger Hamburger Garnish Oven Fries Baby Carrots Orange Smiles Milk Variety	Pulled Pork Sliders Coleslaw Multi Grain Chips Savory Green Beans Chilled Pineapple Milk Variety
Cycle Week 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 9-13 Oct. 21-25 Dec. 9-13 Feb.3-7 Mar. 23-27 May 4-8	Oven Roasted Chicken Broccoli Bites Roll Baked Beans Apples Milk Variety	Nachos Grande Refried Beans Salsa Tiny Tomato Cup Cucumber Slices Peaches Milk Variety	Chicken Sandwich Oven Fries Carrot Coins Mandarin Oranges Milk Variety	Asian Bowl Veggie Eggroll Garden Salad Fresh Seasonal Fruit Milk Variety	Pizza Choice Baby Carrots Red Bell Pepper Strips Fresh Seasonal Fruit Crispy Rice Treat Milk Variety
Cycle Week 5	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 16-20 Oct.28-Nov.1 Dec. 16-20 Feb. 10-14 Mar. 30- Apr. 3 May 11-15	Country Fried Steak Gravy Mashed Potatoes Okra Roll Strawberry Cup Milk Variety	Corn Dogs Baked Beans Tomatoes/Cucumbers Applesauce Milk Variety	Chicken Tenders Texas Toast Gravy Broccoli Sweet Potato Fries Mixed Fruit Milk Variety	Chicken Spaghetti Breadsticks Garden Salad Carrots Apple Slices Milk Variety	Fish Sticks Mac and Cheese Coleslaw Savory Green Beans Orange Smiles Milk Variety
Cycle Week 6	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 23-27 Nov. 4-8 Jan.6-10 Feb. 17-21 Apr. 6-10 May 18-22	Steak Fingers/Gravy Green Beans Carrot Coins Roll Mixed Fruit Milk Variety	Asian Bowl Veggie Eggroll Garden Salad Fresh Seasonal Fruit Milk Variety	Chicken Fried Steak Sandwich Broccoli Carrots Fresh Veggie Cup Hot Cinnamon Apples Milk Variety	Chili Cheese Dogs Baked Beans Red Bell Pepper Strips Fresh Seasonal Fruit Milk Variety	Bobcat Bowl Roll Savory Green Beans Apple Slices Milk Variety

Extra Entrée: \$1.50 Extra Vegetable: .75 Extra Juice: .50 Extra Fruit: .75 Extra Milk: .50

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